

Co<sub>2</sub>olBricks

   
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# Save energy in buildings

A presentation on behaviour  
and individual energy saving

## Why save energy?

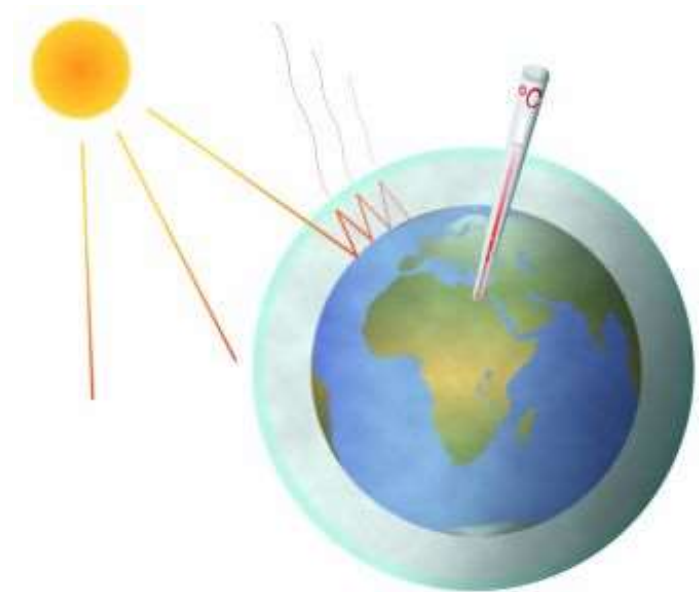
Climate threat – all use of fossile energy results in CO<sub>2</sub> emissions

Oil – a limited natural resource



## Greenhouse effect

- Carbon dioxide, CO<sub>2</sub> is a greenhouse gas – a warm cover around the globe
- Use of 1 kWh fossil fuel releases 1 kg of CO<sub>2</sub>
- How much CO<sub>2</sub> is there in this room?



# Does my use of energy matter?

## 1. Yes. You are part of a global process

*Example:*

Save 1 kWh electrical energy ->

you save 1kg CO<sub>2</sub>

1 litre of fossil fuel -> 2 kg CO<sub>2</sub>

## 2. Do we want to tell the next generation that "we knew but we didn't bother"?

## 3. The sea consists of drops..



# True or false about use of energy

- The computer breaks if I turn it on or off often
- The screen saver saves energy.
- Flat screens can just as well be left on
- Light tubes consumes much energy when turned on
- Light bulbes and tubes breakes if turned on/off too often

## You can affect

1. Devices
2. Lighting
3. Use of water
4. Pantry/Kitchen
5. Heat consumption

# 1. Devices

- Activate automatic energy saving mode on all devices.
- Routine for turning the copier off, or use timer
- Copy double-sided and not very often..
- Demand only equipment with good energy performance
- No stand-by. Use (multi outlet) extension cord with switch.

## ... devices

- Often, the computer screen consumes most electricity.  
*Turn off even at shorter rests.*
- In rest and stanby modes devices waste energy.  
*Use extension cords with on/off switch*
- The copier is the device that often waste most energy. Even i rest mode.  
*Use the switch. Often!*



# Use your body!!

- Do not use the elevator.
- Don't use the door opener.

*One ride in the elevator causes 20 grams of CO<sub>2</sub> emission, and thereby 120 m<sup>3</sup> of air reaches the EU limit for CO<sub>2</sub> concentration.*

*This is the volume of a small apartment. Do you have to use the elevator?*

## 2. Lighting

Turn off and shut down!

Use the right light source!  
LED is much better than energy saving bulb

Use multi outlet cords with master-outlet!



## 3. Water consumption

**Stop the leakage!**

Example

*A faucet that leaks 1 drip every second can cost 20 EUR annually.*

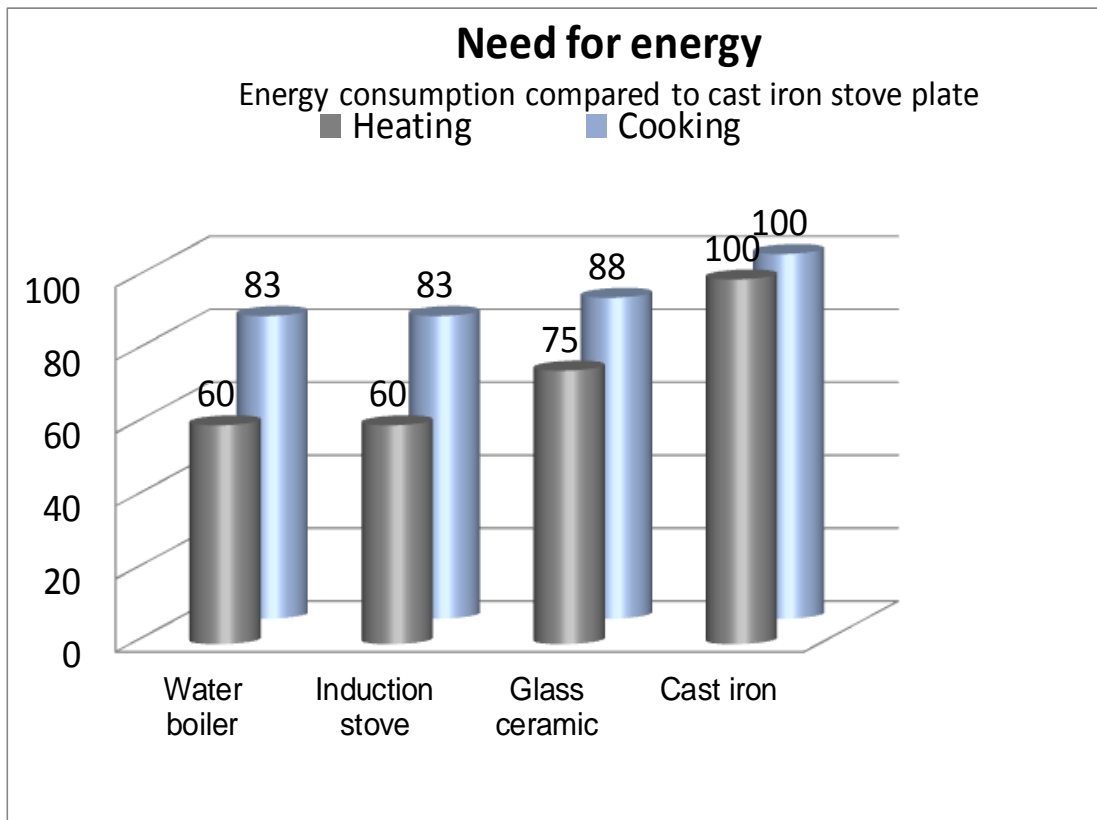
The amount to CO<sub>2</sub> that you can save is

**70 kg**

You often see closets that leaks minor rivers



## 4. Pantry – kitchen



## 5. Heat consumption

- No furniture to be placed in front of radiators
- Draw the curtains/blinds at night
- Wash your hands in "cold water"

# Your contribution to the environment – at home....

- Flow limiting washer in the shower hose
- Shorter shower
- Clean the backside of the fridge/freezer

## ***Egg boiling***

*Pour 1,5 cm of water into the pot and lay down the eggs.*

*Put the lid on. Let the water boil and turn off the switch. Set the egg timer on 10 minutes.*



Flow limiting washers

..your contribution to the environment – at home



## Flow regulator

[Normiflo.com](http://Normiflo.com)



## Water saving shower handle

Elless, [Jordklok.se](http://Jordklok.se)

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# More





# Just one of all

- An important job needed to be done and **everybody** were convinced that **somebody** would do it
- **Anyone** could have done it, but **nobody** did because it was **everybody's** job
- **Everybody** thought that **anyone** could do it but **nobody** realized that **everybody** would not do it
- It ended up with **everybody** blaming someone, when **nobody** did what **anyone** could have done

## Discussion

- Energy round: What is applicable in our environment? [Round](#)
- Inventory When? Who? (at once) [Inventory](#)